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## Good Morning

I received a glowing testimonial for my book this week via an e-mail.

Normally I would simply send back a thank you e-mail, but at the end of her e-mail the lady in question made it clear that she had a great book inside of her and hoped the day would arrive when she could write it.

So I decided to give this lady a call, to thank her and also find out what was stopping her from writing the book.

It transpired that although she has the time, she can't find the inspiration to write it.

Somerset Maugham once said, "I write only when inspiration strikes. Fortunately, it strikes promptly at 9 o'clock every morning"

Whatever you want to achieve, don't wait for inspiration to strike. Take action and inspiration will come and find you.

## Quotes

**The distance is nothing; it is only the first step that is difficult** - Mme. Du Deffand

**Start by doing what you can, then by doing what is possible; before you know it you are doing the impossible** - St. Francis of Assisi

**The tragedy of life is not that it ends so soon, but that we wait so long to begin it** - W.M. Lewis

**Whatever you can do, or dream you can do, begin it. Boldness has genius, power, and magic in it. Begin it now** - Goethe

## Humour

A blonde hurries into the emergency room late one night with the tip of her index finger shot off.

"How did this happen?" the emergency room doctor asked her.

"Well, I was trying to commit suicide," the blonde replied.

"What?" spluttered the doctor.

"You tried to commit suicide by shooting your finger off?"

"No silly!" the blonde said. "First I put the gun to my chest, and I thought: I just paid £5,000 for these breast implants, I'm not shooting myself in the chest."

"So then?" asked the doctor.

"Then I put the gun in my mouth, and I thought: I just paid £7000 to get my teeth straightened, I'm not shooting myself in the mouth."

"So then?"

"Then I put the gun to my ear, and I thought: This is going to make a loud noise. So I put my finger in the other ear before I pulled the trigger."

Have a great week.

Love

Sunil

**Sunil Bali**

**Speaker**

**Author** [Mind, Set & Match](#) - download the first chapter FREE

**Peak Performance Coach**

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